

Candice Howard –Shaughnessy, Ph.D.
Department of Kinesiology & Health Promotion
205 Wright Hall, Troy University
Troy, Alabama 36082
Email: choward@troy.edu

EDUCATION

Degree	Institution	Major	Year
Ph.D.	Auburn University	Motor Development <i>Emphasis: Special Education</i> <i>Advisor: Mary E. Rudisill, Ph.D.</i>	2003
M.S.	Troy State University	Foundations of Education <i>Emphasis: Health and Physical Education</i>	1998
B.S.	Troy State University	Physical Education (non-certification)	1996

LEADERSHIP EXPERIENCE

Interim Chair, Department of Kinesiology & Health Promotion (Aug. 2007 – present)

Chair, Helen Keller Lecture (2005 – present); *Responsibilities include:* conducting meetings with the Helen Keller Lecture Committee, organizing co-sponsorship, and hosting the lecture and assisting in organizing the Chancellor's Lunch.

Chair, Undergraduate Academic Committee, College of Education (2005-present); *Responsibilities include:* conducting intercampus meetings to hear undergraduate student cases to be presented to the Undergraduate Academic Council.

Co-Chair, Standard 5 Committee, NCATE (2006-present); *Responsibilities include:* delegating data to be collected, compiling data in proper order, writing Standard 5 – Faculty Qualifications, Performance, and Development

Advisor, Alt-A Physical Education Majors (Fall 2005 – present); *Responsibilities include:* Advising and planning for graduate students to pursue Alabama State Department of Education certification in Physical Education (P-12).

Advisor, Undergraduate Health and Physical Education and Physical Education Majors (Fall 2004-present); *Responsibilities include:* Assisting undergraduate students with scheduling of their classes, conducting speech and interviews for Teacher Education Program, and attending curriculum workshops with the Teacher Education Department for Teacher Education advisors.

Director of Community Health Education (January 2001 – July 2003); *Responsibilities included:* Designing, planning, and implementing programs to educate students and communities on healthy habits and disease prevention, and to increase leadership skills and college preparation for high school students and adults; grant writing for funding of existing and proposed programs; and partnering with other agencies to coordinate and implement programs for schools and communities within a seven county service area in Southeast Alabama. Southeast Alabama Area Health Education Center, Inc. Troy, Alabama

Laboratory Technician (September 1998 – April 1999); *Responsibilities included:* Assisting patients with various rehabilitation protocols, educating patients on proper ergonomics, and performing various modalities on patients. Rehab Associates Montgomery, Alabama

Wellness Center Assistant (November 1996 – December 1996); *Responsibilities included:* Teaching ergonomics classes for injured employees, and teaching aerobics for employees. Alabama River Pulp, Inc., Perdue Hill, Alabama

TEACHING EXPERIENCE

Assistant Professor (August 2003 – Present)

Troy University

Department of Kinesiology and Health Promotion

Undergraduate Courses taught:

KHP 2200 Health Concepts

KHP 2202 First Aid and CPR

KHP 2240 Personal Health

KHP 3360 Physiological Principles of Body Systems

KHP 3361 Integrating Health and Physical Education into the Curriculum

KHP 4410 Motor Development

KHP 4422 Substance Abuse

KHP 4462 Physical Education for Exceptional Children

KHP 4465 Classroom Management

Graduate Course taught:

KHP 6602 Motor Skills and Human Performance

Adjunct Instructor (September 1999 – May 2002)

Troy State University

Department of Kinesiology and Health Promotion

Undergraduate Course taught:

HPR 3360 Physiological Principles for Body Systems

Graduate Teaching Assistant (September 1999 – January 2001)

Auburn University

Department of Health and Human Performance

Graduate Teaching Assistant (January 1997 – June 1998)

Troy State University

Department of Kinesiology and Health Promotion

Internship for M.S. from Troy State University (April 1998 – June 1998)

Flowers Hospital

Cardiac Rehab Center

Internship for B.S. from Troy State University (September 1996 – November 1996)

Alabama River Pulp, Inc.

Wellness Center

HONORS

- | | |
|----------------|---|
| 2007 | President Elect, Phi Kappa Phi Honor Society |
| 2007 | Honored by the Alpha Tau Omega Fraternity for Service |
| April, 2006 | Ingalls Award for Excellence in Classroom Teaching, Troy University |
| April, 2006 | Order of Omega “Ms. Greek”, Troy University |
| April 5, 2005 | Honored by the Sisters of Phi Mu Fraternity for Service |
| March 28, 2006 | Honored by the Sisters of Phi Mu Fraternity for Service |
| November, 2005 | Willis J. Baughman Award at Alabama State Association for Health, Physical Education, Recreation, and Dance for excellence in Majors’ Club (KHP Club) |
| 2001-03 | Awarded for appreciation from the Alabama Cooperative Extension System for Outstanding Financial Support through grant money for the Youth Career Summits |
| 1999 | Awarded Graduate Teaching Assistantship at Auburn University |
| 1998 | Who’s Who Among College Graduate Students |
| 1997 | Phi Epsilon Kappa Professional Fraternity |
| 1997 | National Association for Sport and Physical Education Outstanding Major of the Year for Fitness/Wellness |

- 1997 Awarded \$1000 Scholarship from the Neal Trust Fund from Brewton, Alabama
- 1997 Awarded Graduate Teaching Assistantship at Troy State University
- 1995 Who's Who Among College Students
- 1994 Phi Gamma Beta Honor Society
- 1993 Awarded four-year Excellence in Leadership Scholarship to Troy State University
- 1993 Awarded \$1500 Scholarship from the Escambia County Junior Miss Program

FUNDED GRANTS

- 2007 Funding from the following agencies totaling \$8500 for the 12th Annual Helen Keller Lecture:
 The Helen Keller Foundation for Research and Education
 Alabama Institute for the Deaf and Blind
 Alabama State Dept. of Education
 Alabama State Dept. of Rehabilitation Services
 Alabama State Dept. of Mental Health & Mental Retardation
- 2006 New Leaf Grant Program funded through the Alabama State Department of Public Health and the Office of Women's Health
- 2006 Faculty Development Grant for "Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors", presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance in Birmingham, Alabama.
- 2006 Funding from Alabama State Department Agencies for the 11th Annual Helen Keller Lecture.
- 2005 Faculty Development Grant for "Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays", presented at the Alabama State Association for Health, Physical Education, Recreation, and Dance in Birmingham, AL.
- 2004 Faculty Development Grant for "Effects of a Fine Motor and Sensory Motor Intervention on the Motor Development of Infants Who Are At-Risk of Developmental Delays", presented at the International Society on Infant Studies Conference, Chicago, IL.

- 2003 E. L. Gibson Foundation, \$2000.00. Grant funded to provide two students from the Coffee County area to participate in Southeast Alabama Area Health Education Center Inc.'s Summer Shadowing Program 2003 for disadvantaged and/or underrepresented students. (P.I. Candice H. Howard)
- 2002 Robert Wood Johnson Foundation Recruitable Communities Grant, \$162,000. Candice H. Howard and Southeast Alabama Area Health Education Center awarded \$32,500 for their participation. Grant funded to provide assistance for designated rural communities within Southeast Alabama to recruit health professionals and to provide programs on health issues to communities. (P.I. Alabama Rural Health Association, Candice H. Howard)

PUBLICATIONS

Journal Articles

Andrews, A.K., & **Howard-Shaughnessy, C.**, (2007). Staph: Why You Should Be Afraid (accepted, 2007 publication date) *Journal of Health, Physical Education, Recreation, and Dance*.

Adalbjornsson, .C. F., Rudisill, M., **Howard, C. H.**, & Wall, S. (2005). Infant movement experiences: meeting the active start guidelines. *Teaching Elementary Physical Education (invited manuscript)*.

Buchanan, A., **Howard, C.**, Martin, E., & Childress, R. (2000). Fit Newton's great adventure: force and motion: a cooperative problem solving approach to integrating 5th grade physical education and science. *Journal of Physical Education, Health, Recreation, and Dance*, 73(2), 31-35.

Howard, C., & Smith, E.W. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education & Recreation*, 21(1), 27-33.

Published Abstracts

Bush, G. & **Howard-Shaughnessy, C.** "Physical Fitness Testing Trends Compared to National Norms: A Five Year Project (2002-2006) at a Pike County School", to be published in Fall 2007 Alabama Academy of Science Journal.

Howard-Shaughnessy, C. & Bush, G. "Effects of Cup Stacking on Children with Disabilities", to be published in Fall 2007 Alabama Academy of Science Journal.

Howard, C.H. (2005). Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays, *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance*.

Howard, C.H. & Bush, G. (2005). Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors. *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance*, Birmingham, Alabama.

Howard, C.H. (April 17, 2004). Get'em Moving Early. *Journal of Alabama State Association for Health, Physical Education, Recreation, and Dance*.

Fischman, M.G., Stodden, D.F., **Howard, C.H.**, & Lehman, D.M. (2001). The End-State Comfort Effect as a Function of Bimanual Grip Selections. *Journal of Sport and Exercise Psychology, 23* (supplement).

Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.H.**, Lehman, D., Wiley, P., Martin, E.H., Auburn University; Goodway, J.D., The Ohio State University; & Valentini, N.C., Universidade Federal do Rio Grande do Sul. (2001). Mastery Motivational Climate Interventions and Motor Skill Performance: Gender Issues. *Journal of Sport and Exercise Psychology, 23* (supplement).

Rudisill, M.E., Valentine, N.C., Adalbjornsson, E.F., Goodway, J.D., Martin, E.H., **Howard, C.H.**, Lawrence, M., & Savage, H. (2000). Mastery motivational climate motor skill interventions and motor skill development of young children: An overview of three interventions. *Journal of Sport and Exercise Psychology, 22* (supplement). (NASPSPA, San Diego, California)

Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.**, Laymann, D., Wiley, P., Martin, E.H., Goodway, J.D., Valentini, N.C. (2001). Mastery motivational climate interventions: gender issues. *Journal of Sport and Exercise Psychology, 23* (supplement), S56. (NASPSPA, St. Louis, Missouri)

Article in Progress

“FocusFirst: See What is Happening!” to be submitted summer 2007 to the *Journal of Early Intervention*.

PROFESSIONAL PRESENTATIONS

Bush, G. & **Howard-Shaughnessy, C.** (2007). (Alabama Academy of Science Annual Conference, Tuskegee, Alabama).

Howard-Shaughnessy, C. & Bush, G. (2007). Effects of Cup Stacking on Children with Disabilities. (Alabama Academy of Science Annual Conference, Tuskegee, Alabama).

Howard, C.H. & Bush, G. (2005). Practical Applications in Creating Field Experience Hours in the P-12 Environment for HPR Majors. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Birmingham, Alabama).

Howard, C.H. (2005). Effects of a Motor Skill Intervention on the Motor Skills in Children with Developmental Delays. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Birmingham, Alabama).

Howard, C.H. (April 17, 2004). Get'em Moving Early. (Alabama State Association for Health, Physical Education, Recreation, and Dance, Orange Beach, Alabama).

Howard, C.H., Rudisill, M.E. Baird, S., McAlister, M., & Barr, S. (May 8, 2004). Effects of a Fine Motor and Sensory Motor Intervention of the Motor Development of Infants Who Are At-Risk of Developmental Delays, International Society of Infant Studies, Chicago, Illinois).

Howard, C.H., Rudisill, M.E., McAlister, M., & McAlister, R. (June 10, 2004). Effects of a Sensorimotor Intervention on the Fine Motor Development of Infants, National Association of Sport Psychology for Sport and Physical Activity, Vancouver, British Columbia).

Howard, C. H., & Rudisill, M. (November 1, 2003). Fine and Sensory Motor Intervention: Infants at-risk of developmental delays. (Motor Development Research Consortium Conference, The Ohio State University, Columbus, Ohio).

Buchanan, A., **Howard, C.**, Martin, E., & Childress, R. (2000). Fit Newton's great adventure: force and motion: a cooperative problem solving approach to integrating 5th grade physical education and science. *Journal of Physical Education, Health, Recreation, and Dance*, 73(2), 31-35. ("Sharing the Wealth Physical Education Conference", Jekyll Island, Georgia)

Howard, C., & Smith, E.W. (1998). The effect of subject height and bench height on anaerobic step test power output. *Alabama Journal of Health, Physical Education & Recreation*, 21(1), 27-33. (ASAHPERD, Birmingham, Alabama)

Rudisill, M.E., Valentine, N.C., Adalbjornsson, E.F., Goodway, J.D., Martin, E.H., **Howard, C.H.**, Lawrence, M., & Savage, H. (2000). Mastery motivational climate motor skill interventions and motor skill development of young children: An overview of three interventions. *Journal of Sport and Exercise Psychology*, 22 (supplement). (NASPSPA, San Diego, California)

Rudisill, M.E., Adalbjornsson, C.F., **Howard, C.**, Laymann, D., Wiley, P., Martin, E.H., Goodway, J.D., Valentini, N.C. (2001). Mastery motivational climate interventions: gender issues. *Journal of Sport and Exercise Psychology*, 23 (supplement), S56. (NASPSPA, St. Louis, Missouri)

SERVICE

University Service

TROY STATE UNIVERSITY 1998 – Present

University Level Service

- 2006-2007 Co-Chair, Standard 5 – Faculty Qualifications, Performance, and Development
- 2004-present Impact Session Leader for KHP Department
- 2004-2006 Chair, Printed Program Committee, Honors Convocation
- 2006-present Member, Troy University Institutional Effectiveness Committee
- 2003-04 Member, NCATE Diversity Committee, Troy State University
Responsibilities include: reviewing the integration of diversity issues into the university's teacher education courses.
- 2003-04 Member, Research Review Board, Troy State University.
Responsibilities include: reviewing research proposals, commenting on pros and cons of proposal, and voting on whether or not to pass the research proposal.
- 2000-03 Member, Section III SACS Steering Committee. *Responsibilities include: organizing and recording the goals/objectives, the tool used to evaluate goals/objectives, and results of each college within the Troy State University, Troy campus; reporting any conflicts, etc., of evaluation tools; and compiling a flow chart of the information.*
- 1998-99 Member, Ingall's Faculty Award. A student committee created to evaluate and select one faculty member each year for classroom excellence. *Responsibilities included evaluating nominated teachers by observing class instruction and interviewing the teachers, then selecting one teacher for the award.*

College Service

- 2007 Attended "DreamWeaver" Computer Software Training
- 2006-present Member, Committee to develop procedural policy for the College of Health and Human Services by which faculty may request

release time for grant initiatives.

- 2006 Coordinator, Homecoming Tent for the CHHS
- 2005-present Chair, Undergraduate Academic Committee, College of Education
- 2003 Assisted with JRC-AT site visit for Athletic Training Education Curriculum

Departmental Service

- 2007 Member, Search Committee for Department Chair for Department of Curriculum and Teaching, College of Education
- 2007 Member, Teacher Education Revision Committee, College of Education
- 2007 Curriculum Coordinator for Health and Physical Education Comprehensive and Physical Education, Institutional Effectiveness Committee
- 2007 Member, Search Committee for faculty for Health and Physical Education Asst./Assoc. position, CHHS
- 2004-present Advisor, Kinesiology and Health Promotion Club
2005, Awarded Willis J. Baughman Award from Alabama State Association for Health, Physical Education, Recreation, and Dance in addition to providing donations to the following:
AIDB Equestrian Program
DHR Christmas Program
Big Brothers Big Sisters Christmas Program
Thanksgiving for Families
Scholarships Awarded to Laura Prior and Emily Insinga (members of KHP Club)
Disaster Relief for Waveland, Mississippi and Enterprise, Alabama
2004 1st, 2nd, and 3rd place winners in Homecoming Activities
Sponsored Laura Prior to attend National meeting where she was awarded the Outstanding Major of the Year in Health & Physical Education
- 2006-2007 Assisted with fund raising for Nick Costes Run

- 2004-2006 Assisted others in department with exhibit for Senior Preview Day
- 2005-2006 Advisor, Undergraduate Interns in Health (grades 6-12) & Physical Education (P-12) Comprehensive and Physical Education (P-12)
- 2003-present Advisor, Phi Epsilon Kappa Professional Fraternity
- 2007 Member, Committee to Examine Student Lab Fees in KHP
- 2001-present Member, Committee for Science Curricula for Department of Kinesiology and Health Promotion
- 2005 Guest Lecturer for Dr. Jason Lee's HPR 2251 course; presented "Define Movement Education".
- 2001-02 Member, Healthy Schools – Healthy Kids Grant Project awarded to the Charles Henderson Child Health Center. *Responsibilities included implementing physical and health-related programs in the public schools, using my current undergraduate students in my Physical Education for Exceptional Children and Motor Development classes.*
- 1997-98 Member, American Lung Association's "Open Airways" program. *Responsibilities included my undergraduate Health Education students incorporating physical activities into the "Open Airways" asthma program for elementary school children in the local public schools.*
- 1994-1998 Through the Department of Kinesiology and Health Promotion, conducted weekend CPR re-certification classes.

Professional Service

Service to Professional Associations

- 2004-2007 Board Member, Alabama State Association for Health, Physical Education, Recreation, and Dance
- 2004-2007 District 2 Representative, Alabama State Association for Health, Physical Education, Recreation, and Dance
- 2004-2007 Coordinator, as District 2 Representative for exhibits at the ASAPERD conference with other district representatives
- Feb. 20, 2006 Organizer for Professional Development ASAPERD Regional

Workshop held at AUM for Professional Development Hours for certified Physical Education teachers.

- February 2004 Assisted with research project with Dr. Sherry L. Folsom-Meek, Coordinator, Developmental/Adapted Physical Education at Minnesota State University, Mankato
- 2003-2006 Presider for lecture at the Alabama State Association for Health, Physical Education, Recreation, and Dance Conference (ASAHPERD) in Birmingham, Alabama
- 2001-present Member, VOICES For Alabama's Children
- 2000-present Member, North American Society for Psychology of Sport and Physical Activity (NASPSPAS)
- 1997 Presider for lecture at ASAHPERD Conference
- 1997-present Member, American Association for Health, Physical Education, Recreation, and Dance (AAHPERD)
- 1997-present Member, National Association for Sport and Physical Education (NASPE)

Community Outreach

Outreach to Community Organizations/Charities

- May 15, 2007 Guest Speaker, Award Ceremony, Banks Elementary School
- 2006-2007 President, Troy Junior Women's League
Raised over \$5,000 (more money raised in a single year by any president). Largest donor to the Pike Regional Child Advocacy Center (700\$), was awarded the GOLD AWARD for donating 1000\$ to the American Cancer Society's Relay for Life, and provided a Pike County high school graduating female a 1000\$ scholarship to Troy University (recipient was from Pike Liberal Arts School, Troy, Alabama).
- 2006-2007 President, Philanthropic Educational Organization
- 2006-present Board of Trustees, First United Methodist Church, Troy, Alabama
- 2004-2007 Chair, Staff Parish Relations Committee, First United Methodist

Church, Troy, Alabama

- 2004-2007 Appeared on various television and radio talk shows promoting Troy Junior Women’s League Breakfast with Santa and Christmas Carnival (annual fund raiser)
- Nov. 15, 2006 Guest Speaker, Pike County Business Women’s Association
- 2004-present Member, Church Council, First United Methodist Church, Troy, Alabama
- 2004-present Member, “Friend of the Troy Library”
- 2005-present Volunteer, Girl’s State, Troy University
- 2005 Volunteer, Eating Disorder Awareness Campaign, Troy State University Counseling, S.A.V.E. Project
- 2005 HPR 4465 class developed and implemented a Spring Festival for local preschool and kindergarten programs on the Troy University campus
- 2005-present Volunteer and Guest Speaker at Troy Housing Authority
- 2005 Guest Speaker for Campus Resident Directors
- 2005-2006 Vice President, Troy Junior Women’s League
- 2005-2006 Vice President, Philanthropic Educational Organization
- 2004 HPR 4465 class developed and implemented a Spring Festival for local preschool and kindergarten programs on the TSU campus.
- 2004 Attended/participated in Academic Advising Workshop held by Donna Clark Schubert, Coordinator of Academic Advising
- 2004 Volunteer, Troy State University Baseball Season Ticket Blitz
 Sold the third most season tickets.
- 2004-2005 Volunteer, Troy University Freshmen Forum
- 2003-present Member, Philanthropic Educational Organization
- 2003 HPR 3361 class developed the challenge course for the K-2nd grade students for the Troy Elementary Fall Festival

- 2002-present Member, Philanthropic Educational Organization
- 2002 Keynote speaker at W.S. Neal High School Graduation
- 2002 Member, Daycare Director Search Committee for local daycare, Troy, Alabama
- 2001-02 Member, Youth Career Summit Planning Committee with Wallace College and the Alabama Cooperative Extension System.
Responsibilities included: grant writing for funding of the career summits, planning, coordinating, and implementing advertisement strategies to the 13 county service area, and facilitating a session at each career summit.
- 2001 Member, Interagency Planning Committee. *Responsibilities included planning physical activities and health-related activities (e.g., health fairs) for students and adults in Crenshaw County communities.*
- 2001 Member, Health Fair Planning Committee for Covington County. *Responsibilities included providing physical activities for children aged 5-10, providing height, weight, and growth charts, and providing parents with nutritional and exercise information for children.*
- 1999-present Member, Troy Women's Junior League
- 1999-present Member, American Cancer Society's Relay For Life
- 1997-99 Volunteer Health Education Instructor at Flowers Hospital.
Responsibilities included teaching cardiac rehabilitation patients health-related topics.
- 1994-95 Volunteer ballet and gymnastics teacher at Colquett's School of Dance. *Responsibilities included instructing children aged 2-5 in ballet and gymnastics using various methods of integrating other areas of art (e.g., using the characters in the Cinderella story to learn ballet movements).*