



**Troy University
School of Nursing**

Faculty BIO

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Teresa Johnson, MACT, RD, LD
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Education

Doctorate of Clinical Nutrition, University of Medicine and Dentistry of New Jersey, IP (expected graduation date of 2010)
Masters of Arts in College Teaching of Nutrition, Auburn University, 1987
BS in Dietetics, University of Montevallo, 1984

Publications or Presentations

- Johnson T, Avery G, Byham-Gray L. Vitamin D and Metabolic Syndrome. Topics in Clinical Nutrition. 2009;24(1):47-54.
- Johnson, T. Post-CVA Dysphagia: Alternative Medical Therapies. Advance for Speech-Language Pathologists & Audiologists. 2007;17(27):16-21.
- Johnson T. "Dietary Considerations in Autism: Identifying a Reasonable Approach." Topics in Clinical Nutrition. 2006;21(3):212-225.
- Presenter at UAB Pediatric Nutrition Workshop On The Cultural Context of Breastfeeding. Wynfrey Hotel, Birmingham, AL 2/22/09
- "Using Webquests for Nutrition Instruction" in the 2008 summer newsletter of the Nutrition Educators of Health Professionals dietetics practice group.

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| Grants and Projects | <ul style="list-style-type: none"> • Co-author of Healthy Schools Healthy Kids Healthy Families, HRSA-09-002 Grant submitted October 15, 2008; awarded April 28, 2009 for \$375,000. • Watkins, T., Hamilton, B. K., Avery, G., Johnson, T., & Russell, C. (2004). Healthy Schools Healthy Kids Phase II, Troy University, HRSA, Rural Outreach Grant, \$600,000, 2005-2008. |
| Honors, Awards, Boards, Certifications, and Professional Organizations, etc. | <ul style="list-style-type: none"> • Recipient of Edna Page Langholz Memorial Graduate Scholarship August 9, 2005 • Member of the American Dietetic Association (national and Montgomery chapter- past president of the latter group). • Recipient of Sharbutt Scholarship University of Montevallo, Fall 1984 • Recipient of Outstanding Student Award. University of Montevallo 1984 |
| Research Projects | <ul style="list-style-type: none"> • IRB approval obtained from Troy and UMDNJ for proposal: The Relationship Between Economic Status and Pediatric Overweight/Obesity. This is a secondary analysis of the CATCH data- May 2007 • Hamilton, B. K., Avery, G., and Johnson, T. Evaluation of the Effectiveness of the CATCH Program on the Health Status of Third, Fourth, and Fifth Grade Students in Pike and Bullock Counties. A funded longitudinal, quasi-experimental design study for Healthy Schools Healthy Kids Project— Phase II (\$600,000 federal funding), Troy and Union Springs, Alabama, 2005-2008. |
| Clinical Focus | Nutrition |